

Conservatory of Herbology:

MUGWORT'S

HERBOLOGY FOR KIDS

MUGWORT'S HERBOLOGY
3840 Olde Almonte Road
K0A 1A0

E-MAIL
THETEALADY@MAIDENKANADAH.COM

An introduction to the olde botanical craft of herbology



Maiden Kanadah facilitates the experiential learning of basic herbology for children aged 11-16 at "The Herb Garden".

<http://www.herbgarden.on.ca/herbgarden.html> This five part course will be held on saturday mornings starting on May 21, 9 a.m. - 12 p.m. Carpooling is available at 8:15 a.m. sharp in Westboro (near the olde tramway station)-seat space is limited. Tuition: \$25 per individual session or \$100 for all five. e-mail: thetealady@maidenkanadah.com to confirm and/or arrange carpooling .

The children will be receiving extensive take-home notes and resources for further research, so they will require a 3 ringed binder which will be referred to as their personal "Herbal Grimoire". All other materials will be supplied...please bring a water bottle, a hat, and a snack each day.

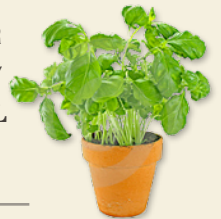
Schedule

MAY 21 – SEED SEMESTER

Planning, dreaming, soil, sun/shade requirements, growth habits, seed sources, sprouting. Herb focus: **MUGWORT** Activity: planting, mugwort craft

JUNE 19 – SPROUT SEMESTER

Herbs as food, recipes, health/nutrition Herb focus: **BASIL** Activity: making pesto, eating



JULY 17 – PLANT SEMESTER

Herbs in skin care, bathing and other external uses. Plant safety, herbal first aid Herb focus: **LAVENDER** Activity: make lip balm, salve or bug repellent

AUGUST 21 – ROOT SEMESTER

Nature spirits, harvesting, storing and preserving herbs Herb focus: TBA Activity: make a tincture, string up herbs to dry

SEPTEMBER 18 – MUGWORTS HERB MAGICK

Using stored herbs and preparations, Herbs in history, herb lore, talismans, smudging (with or without smoke) and simple healing

Herb Focus: **SWEETGRASS**

Activity: make a medicine bag

